

Poland

In my eye

Hello! Poland offers many attractions to tourists

- Of all the attractions, we highlight cities the most, each is beautiful but I will present only three



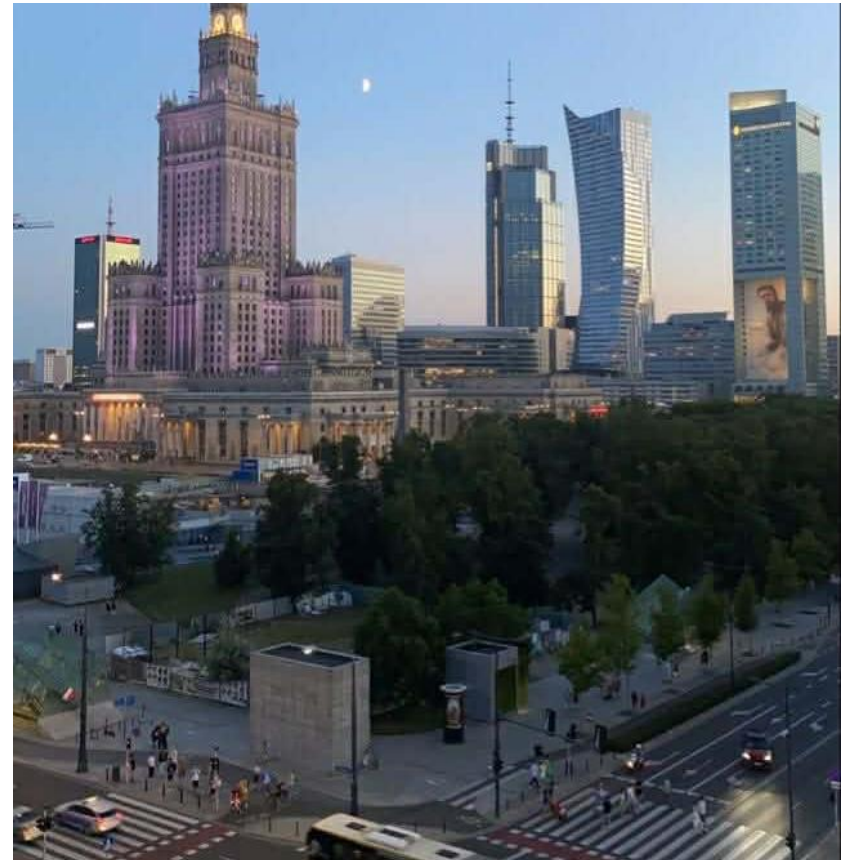
First city is Gdańsk

- Gdańsk is one of the oldest and most beautiful cities in Poland, located on the Baltic Sea.
- It is part of the Tricity area together with Gdynia and Sopot.
- The city has a rich toprob and port history and played an important role in European history.
- Gdańsk is the birthplace of the “Solidarity” movement, which contributed to the fall of communism in Poland.
- The city is famous for its historic Old Town, amber, and modern culture.



Second city is Warsaw

- Warsaw is the capital and largest city of Poland.
- It is located on the Vistula River in the central part of the country.
- The city was almost completely destroyed during World War II and rebuilt after the war.
- Warsaw is an important political, cultural, and economic center.
- The symbol of the city is the Warsaw Mermaid.



And the last city is Kraków

- Kraków is one of the oldest and most important cities in Poland.
- It was the capital of Poland for many centuries.
- The city is famous for its beautiful Old Town, Wawel Royal Castle, and the Main Market Square.
- Kraków is an important center of culture, education, and tourism.
- The historic center of Kraków is a UNESCO World Heritage Site.



In Poland with have a lot of very delicious food. First is Polish dumplings

- One of the most famous dishes in Polish cuisine.
- Usually filled with cheese, meat, cabbage and mushrooms, or fruit.
- Served boiled or fried.



I will be the second to show you bigos

- A traditional dish made of cabbage and meat.
- Often called the “king of Polish dishes”.
- Tastes best when reheated several times.

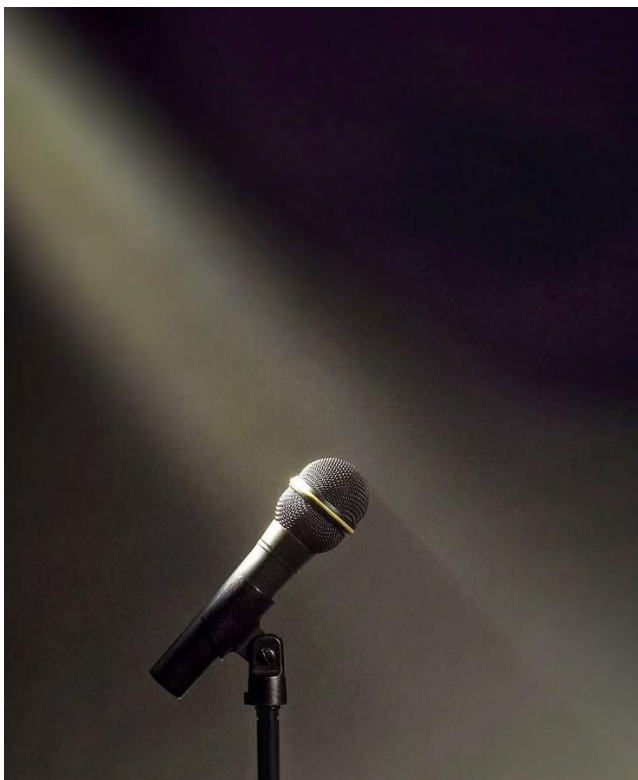


The last meal I will show you is żurek (sour rye soup)

- A sour soup made from fermented rye flour.
- Served with white sausage and egg.
- Especially popular at Easter.



We have many outstanding artists in Poland, I will introduce you to a few (modern) ones



The first one is Dawid Podsiadło

- One of the most popular Polish artists of the 21st century.
- He creates pop and alternative music.
- His concerts and albums break popularity records.





Next is sanah

- Very popular Polish singer of the young generation.
- She combines pop with poetry and alternative music.
- Her songs often reach top positions on music charts.

We have a lot of athletes in Poland and the first one I will introduce to you is

Robert Kubica

- A Polish Formula One racing driver.
- The first Pole to win a Formula One race.
- A symbol of determination and return to sport after a serious accident.



The next athlete is Robert Lewandowski

- One of the best footballers in Polish history.
- Long-time captain of the Polish national team.
- He has won many titles and individual awards in Europe.



And the last athlete I will mention is Adam Małysz

- One of the greatest ski jumpers in history.
- Four-time winner of the Crystal Globe.
- He became an icon of Polish sport.



Thank you for attention

- See you soon!

