



Erasmus+

Lesson plan: Preventing peer violence

Topic: Preventing peer violence – ‘Treat others as you would like to be treated’

Lesson objectives

Main objectives:

- To make pupils aware that no one should tolerate violence, ridicule or exclusion.
- To encourage children to speak out and seek help in situations of violence.

Specific objectives:

The pupil:

- understands what peer violence is and the forms it takes,
- knows who to turn to for help,
- is able to identify friendly and safe behaviours,
- understands the meaning of the ‘Golden Rule’,
- is able to work cooperatively in a group.

Methods and forms of work

- discussion
- brainstorming
- group work
- drama / role-play
- information poster

Teaching materials

- A3 sheets of paper, coloured felt-tip pens, coloured pencils, scissors, glue
- a poster with the words: ‘THE GOLDEN RULE: Treat others as you would like to be treated’

- cards with examples of behaviour (good and bad)
- background music (optional – for the art activity)

Lesson plan

1. Welcome and introduction

The teacher welcomes the pupils and announces the topic of the lesson: “Today we’re going to talk about how important it is for our class and school to be a place of kindness, not violence. Each of us deserves respect and safety.” A brief discussion about what it means to feel comfortable in a group.

1. Guided discussion – What is peer violence?

The teacher recalls previous discussions: “We’ve talked about what peer violence is. What types do you know of?”

The children give examples, and the teacher writes them on the board and categorises them as physical, verbal, emotional and cyberbullying. The teacher emphasises that everyone has the right to help and that speaking out about bullying takes courage.

2. The Golden Rule – a group reflection

The teacher displays the phrase: ‘Treat others as you would like to be treated.’

Question for the pupils: What does this mean to you? How can we apply it at school and outside school?

The children give examples of kind behaviour.

3. Role-plays – how to respond to violence?

In groups, pupils prepare short role-plays depicting various situations (e.g. someone is being teased, someone is left on their own during break time). After each role-play, the class discusses how they could have responded better and who could have helped.

4. Art activity – Information poster

Working in groups, pupils create posters under the slogan: ‘Say NO to violence!’ or ‘Stop peer violence!’.

5. Summary of the lesson

Closing circle – each child completes the sentence: 'I want our school to...' or 'Today I learnt that...'.
Finally, the class says together: 'In our school, we say: NO TO VIOLENCE!'

